



PATIENT HEALTH EDUCATION - BROOKLYN CAMPUS, ST ALBANS AND STATEN ISLAND



<i>Service Provided</i>	<i>When & Where</i>	<i>How to Make a Referral</i>	<i>Additional Comments</i>
<i>Alcoholics Anonymous</i>	BK Campus: T/Th @ 1 pm 14-107 Conference Room	Drop-in group	AA Program
<i>Anger Management CBT</i>	BK Campus: Mondays@11:15am	Consult	Call Foyzul Ahmed 718 836-6600, x6813
<i>Bereavement Group</i>	BK campus:Th 9:30 am 14 West, room 331	Drop-in group	Led by Ms. Elise Beshara 718 836 6600, x6802
<i>Blind Support Group</i>	St Albans: 3rd Tuesday of the month, 9:30-11:30am 2nd Floor Recreation Room	Contact John Collins, LCSW VIST Coordinator Brooklyn Campus - 718-836-6600 x6846	
<i>Cancer Support Group</i>	BK Campus: Mondays, 9:30- 11 am; 8 East	Consult BK-Psychology Oncology	Patients, family members & cancer survivors welcome!
<i>Caregivers Support Group</i>	BK Campus: Wednesdays@11am PODS	Consult	Call Keisa Constantine,Ph.D. 718-836-60 x8846
<i>CBT Depression Group</i>	BK Campus: Mondays, 2pm	Consult 12 session group	Call Elise Beshara, 718 836-6600 x 6802 or Susan Vujnovich, 718 836-6600, x6532
<i>CBT for Psychosis Group</i>	BK Campus: Thursdays, 11am	Consult	Call Foyzul Ahmed, 718 836 -6600, x6813
<i>Chronic Health & Stress Group</i>	Staten Island CBOC: Wednesdays, 1pm Conference room	Contact Linnea Mavrides, Psy.D. 718 836-6600, ext 1506	For individuals experiencing stress related to managing their chronic condition

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<i>Co-occurring Disorders Group</i>	BK Campus: Mondays @11 am 14 west, room 331	Contact Ms. Carol Dolman 718 836 6600, x 1370	For veterans enrolled in the Mental Health clinic
<i>Co-occurring Disorders Group</i>	BK Campus: Wed @11 am	Contact Michael Mooney, Director of ASAP 718 836 6600, x 1004	For individuals with mental health disorders and addiction
<i>Congestive Heart Failure Shared Medical Appointment (SMA)</i>	Thursdays, 1- 2:30, with individual appointments afterwards as needed Room 1-822A- Pod F	By appointment	Multidisciplinary team, including primary care, nursing, nutrition, pharmacy, social work and psychology meet with a group of patients to manage their congestive heart failure
<i>Diabetes Shared Medical Appointment (SMA)</i>	BK Campus: Thursdays,9-11 am Room G-644 mpus	By appointment	Multidisciplinary team, including endocrinology, nursing, nutrition, pharmacy and
<i>Distress Tolerance Group</i>	BK Campus: Thursdays 2:30- 3:15 Room 15-119	Drop-In	Facilitated by Yvette Branson, PhD. 718 836-6600, x 6807
<i>Dual Recovery Anonymous Meeting</i>	BK Campus Tuesdays, 1pm Room 14-107	Drop-In	12 step model used to address sobriety maintenance and management of psychiatric
<i>Evening Transitions Group</i>	BK campus: Wednesdays, 6 pm	Contact Michael Mooney, Director of ASAP 718 836 6600, x 1004	For intermediate and advanced recovery patients
<i>Ex-POW Group</i>	BK Campus: Tuesdays 11 am Room 15-119	Contact Susan Vujnovich, 718 836-6600, x6532	
<i>General Mental Health Support and Process Group</i>	Staten Island CBOC: Wednesdays, 11am	Contact Nathalie Going, PsyD 718 836 6600, x 1522	Dr. Going will screen individuals

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<i>Intensive Rehab Group</i>	BK Campus: Tuesdays and Fridays, 9:30 am	Contact Michael Mooney, Director of ASAP 718 836 6600, x 1004	For early recovery patients
<i>Korean War Group</i>	BK Campus: Wednesdays@10 am 14 West	Contacts : Foyzul Ahmed, 718 836- 6600, x6813 Elise Beshara, x6802 Or Susan Vujnovich,, x6532	For Korean War vets in treatment for PTSD
<i>Memory Training Group</i>	BK campus: Wednesdays, 10:30am Pod E Conference Room	Consult BK-Neuropsychology	For individuals concerned about age-related changes in memory and attention Call: Valerie Abel, PsyD 718-836-6600, x4795
<i>Men's Interpersonal Skills Psychotherapy Group</i>	St Albans Campus: Tuesdays, 1 pm Room E305	Contact Dr. Annie Lee Jones, 718 836-6600, x2308	Skills for tolerating painful feelings and distress.
MOVE CVT Program	Tuesdays, 11am Room X, St. Albans Campus Room, X Staten Island Campus	Consult	For individuals interested in weight loss, the MOVE! class held at the BK campus is telecast to the Staten Island and St. Alban campuses
<i>MOVE! Nutrition: Individual appts.</i>	As needed	Consult	

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<i>MOVE! Orientation</i>	Tuesdays, 30 minute sessions from 9-11:30 am Room G-644 BK Campus Tuesdays, 1-2pm, 2nd Floor Conference Rm.	Consult	For patients interested in learning more about the MOVE! weight loss program
<i>MOVE! Program</i>	Tuesdays 9am -10, 10-11, and 11-12 pm Room 9-234 BK Campus	Consult	For individuals interested in weight loss Please note 11am-12pm class is telecast to the St. Albans and
<i>My HealtheVet</i>	24/7	Log on to register	Contact Denise Horton ext. 7687
<i>OEF/OIF Combat Veteran Support Group</i>	BK Campus: Mondays 2:30pm	Consult	Contact: Kristina Hamilton 718 836 6600, x 4766 For returning OIF/OEF combat
<i>OIF/OEF Support Group</i>	BK Campus: Fridays, 2:30 pm Room 16-302	Contact Daniel Feld, Psy.D. 718 836-6600, x6806	For returning OIF/OEF veterans Facilitated by Daniel Feld, Psy.D.
<i>Primary Care-Mental Health Support Group</i>	BK Campus: Fridays, 8 am	Consult	For individuals experiencing difficulty dealing with chronic medical problems or life stressors Facilitated by Dr. Paul Liebman, Psy.D.

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<i>Recovery Inc</i>	BK Campus: Wednesdays, 11am 16th Floor Clubhouse	Provider or self referral	718 Contact Carol Dolman 836 -6600, x1370
<i>Relationships and Addictions Recovery Group</i>	BK Campus: Wednesdays, 1 pm	Contact Michael Mooney, Director of ASAP 718 836 6600, x 1004	For patients in intensive treatment
<i>Spirituality Group</i>	BK Campus: Mondays, 9:30 am 14-214	Drop-In	For veterans with a history of substance abuse Facilitated by the Chaplain
<i>STOP Group</i>	BK Campus: Tuesdays 11 am	Contact Michael Mooney, Director of ASAP 718 836 6600, x 1004	For intermediate recovery patients
<i>Sleep Hygiene Class</i>	BK Campus: 1st and 3rd Thursdays of the month, 1 pm Room G-644	Drop-in group	Contact: Tara DeWitt, PhD 718-836-6600 x8958
<i>TeleQuitMH</i>	Telephone counseling sessions for smoking cessation	Consult	Contact Alfredo Axtmayer ext. 6350
<i>Tobacco Cessation Group</i>	BK Campus: Tuesdays 1:30 to 2:30 Room G644 P	Drop-in group Pharmcay joins for last 15 minutes of group	Contact Tara DeWitt, PhD for more information x8958

<i>Women's Interpersonal Skills Psychotherapy Group</i>	St. Albans Campus: Tuesdays, 2:15 pm Room E313	Contact Dr. Annie Lee Jones, 718 836-6600, x2308	
<i>Women Veterans Network</i>	BK campus: 2nd and 4th Wednesday of the month, 1:30 pm Rm 7-108	Drop-in group	For WWII veterans undergoing treatment for PTSD in the Mental Health clinic