

VA New York Harbor Healthcare System

Community & Social Services

New York Harbor Health Care System, Department of Veterans Affairs, is recognized by New York State Education Department (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #0129.

NYS Approved Course Listings for Social Work License Continuing Education Credit

These courses are available to employees of the Department of Veterans Affairs only.

Please note that each course has a registration period. Requests for admission to the course will be accepted only during the registration period. As each course has a limited capacity of slots available, courses may close quickly following registration.

Each course requires applicants to have access to Microsoft LYNC and access to a telephone (VANTS).

To register for an open course during the registration period, please email the listed Point of Contact. You will receive instructions for registration at that time if there are available openings.

Title: *Workshop in Marital/Couples Therapy based upon the Gottman Method*

Date of Training: September 14, 2015 12:30-2:30 pm

Registration Period: September 7, 2015 8:00 am EST to September 9, 2015 4:00 pm EST

Within the time frame above, email Pauline.Fagbemi-Toussaint@va.gov with the name of the course, date and your email address. Response will include further instructions for taking the course requested.

Location of Training: Training will be provided via simultaneous live computer presentation (LYNC) and conference call access (VANTS). Both LYNC and VANTS will include opportunity for questions, feedback and direct communication with the trainer.

Trainer: Thomas Johnson, LCSW-R, CGP, Social Work Supervisor and Coordinator of the Graduate Training and Education Program Manhattan campus of the NYHHS (see attached CV for qualifications to provide this training).

Course Objectives:

Participants will learn:

- How couples really sustain their marriages/relationships, in contrast to common myths and misconceptions
- How the quality of the relationship can effect one's immune system functioning, physical health and well-being
- How perpetual marital problems change over time, but never go away even in happy relationships

Learning Objectives and Educational Outcomes:

Participants will gain specific research-based tools to make an impact on the couples they work with including:

- Assessment methods that are based on procedures used to predict marital/relationship stability with nearly 94% accuracy
- Interventions designed to help couples feel a renewed sense of caring and partnership through emotional connection
- Techniques to help couples regulate the toughest conflicts
- The key points in couple's interactions when the clinicians interventions will be most effective
- Therapeutic methods to help couples develop a shared meaning system
- Techniques based on years of scientific analysis that resolve solvable problems and dialogue on gridlocked issues

Teaching Method:

- Didactic lecture with clinical vignettes utilizing the Gottman DVD recordings of real couples and observation of the "master couple's therapist". Class discussion will be encouraged.

Cost: None

Contact Hours: 2.0

Title: Domestic Violence and Intimate Partner Violence

Date of Training: October 19, 2015, 12:30-2:30pm

Registration Period: October 12, 2015 8:00 am EST to October 14, 2015 4:00 pm EST

Within the time frame above, email Pauline.Fagbemi-Toussaint@va.gov with the name of the course, date and your email address. Response will include further instructions for taking the course requested.

Location of Training: Training will be provided via simultaneous live computer presentation (LYNC) and conference call access (VANTS). Both LYNC and VANTS will include opportunity for questions, feedback and direct communication with the trainer.

Trainer: S. Keren Stein, LCSW, Social Worker & Lead Domestic Violence/Intimate Partner Violence Coordinator for the New York Harbor Health Care System

Description of Workshop:

This workshop will explore current prevalence and impact of intimate partner violence, with focus on the Veteran population. Participants will be trained to identify intimate partner violence and to utilize best practices when encountering those who experience or use intimate partner violence. Participants will receive education on VA and community resources available to Veterans and caregivers experiencing or utilizing intimate partner violence. Information specific to the LBGT population will also be presented.

Knowledge and Skill Outcomes:

Objectives: Part I 12:30- 1:30 pm

Upon completion of training, the social worker will be able to:

- Define intimate partner violence
- Understand prevalence of IPV with special focus on veteran population
- Understand the typology of DV/ IPV
- Understand the cycle of abuse
- Discuss impact of IPV on experiencers of IPV and children
- List barriers IPV experiencers must overcome to seek help

Objectives: Part II 1:30—2:30pm

- Define the role of healthcare providers in domestic violence intervention

- Identify effective and appropriate interventions, with focus on safety, confidentiality
- Learn about IPV screening risk assessment using E-HITS screen
- Learn about safety planning with experiencers of IPV
- Understand mandatory reporting obligations and concerns
- Understand VA DV/IPV initiative and role of social worker within that initiative
- Identify available VA and community resources

Method of Instruction:

Didactic Presentation utilizing power point and case presentation

Cost: None

Contact Hours: 2.0

Training: Workshop in Dementia Care

Date of Training: November 16, 2015, 12:30-2:30pm

Registration Period: November 9, 2015 8:00 am EST to November 11, 2015 4:00 pm EST

Within the time frame above, email Pauline.Fagbemi-Toussaint@va.gov with the name of the course, date and your email address. Response will include further instructions for taking the course requested.

Location of Training: NYHHS Brooklyn campus, live in-person

Lync access for other NYHHS sites (Manhattan, St. Albans, Harlem, Chapel Street, Staten Island clinics)

Trainer: Casey Quinn, LCSW, Social Work Supervisor, Ethics Leadership Coordinator for NYHHS/Ethics Consult Team Member for NY campus, Dementia Capable Care Instructor (see attached CV for qualifications to provide this training).

Description of Workshop:

This workshop provides an overview of education and strategies for working with patients with Alzheimer's disease and related dementias and working with their caregivers. The workshop focuses on care and behavior management, environmental safety and communication

strategies related to the stages and symptoms of various dementias. Interventions to support caregivers will also be presented.

Knowledge and Skill Outcomes:

- Understanding of Alzheimer's disease and related dementias and their impact of cognitive function
- Demonstrate and understand effective communication strategies when working with people in various stages of dementia to promote the highest level of functioning for the patient
- Identify safety concerns and solutions for the environment during various stages of dementia
- Understand strategies to enhance communication with a person in various stages of dementia and help minimize negative behaviors
- Understand the role of the caregiver and strategies for providing caregiver support

Workshop Content:

This workshop is designed to provide an overview of dementia care. The focus is on Alzheimer's disease and related dementias including the various stages of dementia. Participants will be introduced to the Theory of Retrogenesis, the Cognitive Disabilities Model and the Person Centered Care Approach. Participants will learn how dementia impacts cognition and will learn communication strategies, environmental safety, and how patient and caregiver support can improve functioning and minimize behavior problems. Participants will learn effective dementia care strategies and skills.

Method of Instruction:

The methods of instruction for the workshop will include lecture, power point, class discussion and video examples of role play.

Cost: None

Contact Hours: 2.0

Training: *Workshop in Motivational Interviewing*

Date of Training: December 14, 2015, 12:30-2:30pm

Registration Period: December 7, 2015 8:00 am EST to December 9, 2015 4:00 pm EST

Within the time frame above, email Pauline.Fagbemi-Toussaint@va.gov with the name of the course, date and your email address. Response will include further instructions for taking the course requested.

Location of Training: Training will be provided via simultaneous live computer presentation (LYNC) and conference call access (VANTS). Both LYNC and VANTS will include opportunity for questions, feedback and direct communication with the trainer.

Trainers: Tara Dewitt, PhD and Joanna Dognin, PsyD. Master Trainers in Motivational Interviewing for the Department of Veterans Affairs VISN 3 (see attached CV for qualifications to provide this training).

Description of Workshop:

This workshop presents an overview of the basic principles and applications of Motivational Interviewing.

Knowledge and Skill Outcomes:

- To specify and discuss 3 elements consistent with the “spirit” of Motivational Interviewing.
- Demonstrate the use of the following core MI skills: open-ended inquiry, affirmation, reflection, and summaries.
- Recognition and reinforcement of “change talk” and how to elicit this from the client.
- Learning how to develop strategies for coping with client’s resistance and status quo statements.

Workshop Content:

This workshop is designed to provide the basic philosophy and principles of Motivational Interviewing. Participants will be introduced to the dynamics of an MI interview, language of MI and how to introduce MI strategies into interviews with clients.

Method of Instruction:

The methods of instruction for this workshop will include lecture, video demonstrations of an MI session and discussion, feedback related to demonstrations and tools of MI.

Cost: None

Contact Hours: 2.0

Title: *The Principles of Group Psychotherapy*

Date of Training: January 11, 2016, 12:30-2:30 pm

Registration Period: January 4, 2016 8:00 am EST to January 6, 2015 4:00 pm EST

Within the time frame above, email Pauline.Fagbemi-Toussaint@va.gov with the name of the course, date and your email address. Response will include further instructions for taking the course requested.

Location of Training: Training will be provided via simultaneous live computer presentation (LYNC) and conference call access (VANTS). Both LYNC and VANTS will include opportunity for questions, feedback and direct communication with the trainer.

Trainer: Thomas Johnson, LCSW-R, CGP, Social Work Supervisor and Coordinator of the Graduate Training and Education Program Manhattan campus of the NYHHS (see attached CV for qualifications to provide this training).

Description of Workshop:

This workshop features an examination of various theoretical bases of group psychotherapy including group types, group development, leadership styles and skills, application to various populations. Ethical group leadership will be emphasized throughout.

Knowledge and Skill Outcomes:

- Understand group purpose, development, dynamics, theories, skills and other group approaches

- Understand principles of group dynamics, including group process components, development stages, group members' roles and behaviors and therapeutic factors and benefits of group work
- Understand groups leadership or facilitation styles and approaches, including characteristics of various types of group leaders and leadership styles (including co-leadership)
- Overview of various group theories including commonalities, distinguishing and pertinent research and literature
- Understanding group psychotherapeutic methods, including the leaders orientation and behaviors, appropriate selection criteria and methods selection of potential group members

Workshop Content:

This workshop is designed to provide an overview of group psychotherapy theories. Participants will be introduced to principles of group dynamics including group process and components, developmental stages theories, group member roles and behaviors, and therapeutic factors in group psychotherapy. Participants will learn effective group leader strategies and skills.

Method of Instruction:

The methods of instruction for this workshop will include lecture, possible experiential and participants contributions from their own experiences with groups and discussion.

Cost: None

Contact Hours: 2.0
