**WHAT IS VITAL?**

- Veterans Integration to Academic Leadership (VITAL) is the VA’s approach to reaching out to student Veterans.

- As veterans you are highly trained, committed to excellence, adaptable & have sound leadership qualities. These characteristics make you valuable on college & university campuses.

- The VITAL Initiative is a partnership between VA New York Harbor Healthcare & local campuses. Principles such as adjusting to academic demands, building new social supports & developing educational goals are critical to Veteran success in higher education.

- We’re here to help you meet your needs & maximize your potential.

**VA & COMMUNITY RESOURCES**

- Team Red, White & Blue
- Veteran Advocacy Project
- Service Women’s Action Network
- Make the Connection
- Vet Centers
- IAVA
- Edge4Vets
- Breathe2Relax
- PTSD Coach
- Veterans Crisis Line

---

Yvette Branson, Ph.D.
646-772-6087
yvette.branson@va.gov
www.nyharbor.va.gov/services/VITAL.asp

---

STUDENT VETERAN INITIATIVE
**WHAT TO EXPECT?**

- Confidentiality
- Prompt response to phone or email inquiries about the initiative
- Availability on campus

**INDIVIDUAL ASSISTANCE**

- Readjustment counseling: anger, stress & relationships
- Coping strategies for classroom stressors: attention, memory & sleep

**BENEFITS**

- Enrollment & access to VA healthcare & community services
- Information: filing a claim, vocational rehab, housing, legal services & tutoring

**OUTREACH**

- Connect with other Student Veterans on campus
- Participate in VITAL work-study or volunteer & continue to serve
- Building Veteran-friendly campuses

**CAMPUS COMMUNITY**

- Trainings in military cultural competency, post-deployment adjustment & Student Veteran considerations in the classroom
- Consultation services on Student Veteran issues that impact academic performance & success