



NY HARBOR CLUB ROOM 2694

Recovery & Hope through Community Integration

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| Tuesday | 9AM-10AM | Nutrition Class with Nicole |
| Tuesday | 1PM-2PM | Music class with Sarah, Music Therapist |
| Friday | 10AM-11AM | Art with Casey, Art Therapist |

**Wellness Recovery Action Plan (WRAP) / Anger Management
by appointment ONLY for clubhouse members.**

For more information call Anthony Stamatouras at Ext. 7697



RECOVERY & INCLUSION FOR ALL----- Updated July 27th, 2021